



Berwick Outdoor Experience January 2024 Newsletter

The New Year celebrations have come and gone and now with only 5 months to go it is time to focus on BOE 2024, our 31st annual course.

A question? What possible relevance could a retirement/lifestyle village have to an outdoor experience course?

Having recently moved into a lifestyle village in Cromwell I feel qualified to answer that question.

On the bowling green there were 8 of us. Some of us may have needed to be lined up with a couple of marker pegs to confirm we were actually moving. However, my guess was there were over 650 years' worth of wisdom sauntering up and down that green.

Not one grizzle was heard, only positive vibes from this diverse group the oldest being 97 years young 'out there doing it'.

Similarly, the village biking group does several rides each week. At 76 I am among the youngest the oldest being 87, he is barely able to walk. Awaiting a new hip, but on a bike what an inspiration he is!

On Wednesdays, we go for a longer ride of up to 60km. sometimes off-road. Again, never a grizzle (I do occasionally ask them to slow down and smell the roses) the only question posed is where to next week.

You may well ask why does any of the above matter?

At BOE we aim to set people off on a better pathway in life, show participants that they have untapped potential, and give them the confidence to step up and out, to use their creativity and to approach life with positivity.

The last words we send them back to the outside world with is "Surround yourself with positive people and limit your contact with those who will drag you down!"

A short time in our lifestyle village has confirmed to me that what we at BOE seek to impart is exactly the attitude needed to succeed and live a long, enjoyable and productive life. Caring, supportive and positive.

So once again we ask that you, your business, your club or your organisation support us. This will ensure we can continue to carry out our volunteer work that has been so successful over the past 30 years.

You can do this by sponsoring participants or forwarding names of those who are keen to participate. Perhaps they need a helping hand with the fees? By promoting the course in your community or workplace or making a donation to this non-profit cause.

Consideration should be given to those who are 18yrs of age (the minimum age limit) or older.

- Keen to avail themselves of this opportunity.
- Have the ability to benefit from it, and can use those benefits learned in their Community, Workplace, or Family.

If I can be of any further assistance, please do not hesitate to contact me.

If you need brochures, we are happy to provide them for you or you can download them from our website (details below).

Application forms can be filled in online from our webpage, we prefer this method, but hard copies are acceptable.

Check out our Facebook page also and please share it.

Yours Sincerely

Kevin Moore

For the BOE committee - Lions Club of Taieri

P.S. Could those that have booked positions in the course please confirm them by March 31st or make contact with me.

We cannot guarantee to hold places after this date.

Next Course:

10th – 18th May 2024

Course Fees: \$700.00

Confidence – Self-Esteem – Leadership – Discovering Potential

EMPLOYER'S ENDORSEMENT

"I have been sending staff members to the annual Berwick Outdoor Experience for over 12 years now. This outdoor adventure and physical pursuits course is run by a group of dedicated volunteers who bring to the course a wide range of skills and a raft of experience, from which they challenge participants and get the best out of them in an outdoor adventure environment.

I've found employees, who've completed this course, come back to work with renewed energy, enthusiasm, self-awareness and confidence.

The course gives them hands-on experience with team dynamics, team leadership, performing under pressure and working cohesively to achieve goals.

For a very small investment this course has helped develop staff members who've completed it, and on more than one occasion been a stepping stone for them to move into positions of responsibility which they may have previously shied away from.

I highly recommend this course to any employer and know that your business will benefit from the personal development your employee will experience and bring back to your company."

Phil Herriott - Harraways, Dunedin

Kevin Moore QSM

Cell: 021 213 5303

18 Schist Lane - Cromwell 9310

Email: berwickoutdoorexperience@gmail.com

glenys.kevin.twizel@gmail.com

Web page: www.berwickoutdoorexperience.co.nz

