



BERWICK OUTDOOR EXPERIENCE

TAKE UP THE
CHALLENGE NOW!

Berwick Outdoor Experience

TESTIMONIALS...

"I discovered immense inner strength that I never knew I had" - 47 year old female participant."

"The Berwick Outdoor Experience was one of the most rewarding weeks I have ever put in, in my whole life. The close bond formed between us as a team was quite fantastic. I believe I am now a much better person than the one who arrived and am proud of myself for achieving the Berwick Outdoor Experience. Never was anyone at risk at any time that wasn't being monitored and looked out for by the instructors. The organisation was tops and from the bottom of my heart I thank you."

"Find out where your strengths lie, you will come away stronger and more confident, and ready to take on anything life throws at you." - 79 Year old Female.

If the Outdoors is for you... or if not, want to give it a go?

A non-profit making project
founded on the principles of assisting
individuals with personal development.

A TAIERI LIONS PROJECT



ENDORSED BY



EQUINOX IT

COOKE HOWLISON TOYOTA

APPLICATION FORMS AVAILABLE BY CONTACTING

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8 DAY ADVENTURE OUTDOOR AND PHYSICAL PURSUITS COURSE

An unforgettable challenge
and personal development
opportunity!



Berwick Outdoor Experience

This is a proven course for over 27 years and has helped 1080 people from all walks of life to push the boundaries, test the limits and achieve personal and professional goals.

- Abseiling
- Confidence Course
- Kayaking
- Tramping
- Mountain Biking
- Bush Craft
- First Aid
- Mental and Physical Challenges
- Limited to 40 Participants

LOCATION

The Berwick Lodge, 40km south of Dunedin provides accommodation for a maximum of 67 people, with excellent facilities, including a modern kitchen, dining room, lounge, gymnasium with climbing wall, male and female toilets and showers, a drying room and a sauna.

The natural environment of forest, the Waipori River and Lake Mahinerangi makes this a perfect setting for the course.

All activities are under the guidance of accomplished and qualified instructors as part of a team of 8 - 10 people.

COURSE AIMS

To encourage 'looking and thinking' outside the square.

To discover the potential that exists in all individuals.

ELIGIBILITY TO ATTEND

Both male and female, 18 years of age and over with reasonable standard of fitness.

Previous participants have ranged in age from 18 through to 79 years of age.

2019 COURSE DATES

10th - 18th MAY 2019

**ONLY \$550
FOR 8 DAYS**

